

ANTI-RACISM RESOURCES

SUGGESTED READING:

1. *Making the Invisible Visible* –

<https://www.dharma.org/wp-content/uploads/2018/07/making-the-invisible-visible.pdf>

This guide was written for the Buddhist community and came out of Spirit Rock. It is still applicable in a secular setting. The first part is personal essays. The guide also focuses primarily on race.

2. “*Directing the Mind Towards Practices in Diversity*” by Larry Yang

<http://abqsangha.org/flyers-other/diversity-precepts.pdf>

Books

- *How to Be an Anti-Racist*, by Ibram X. Kendi
- *White Fragility: Why It's So Hard for White People to Talk about Racism*, by Robin Diangelo
- *Between the World and Me*, by Ta-Nehisi Coates
- *So You Want to Talk About Race*, by Ijeoma Oluo
- *Mindful of Race*: Ruth King
- *Why Im no longer talking to white people about race*. Renee Eddo-Lodge
- *Le Racisme est un problème de blancs - Reni Eddo-Lodge*

Organizations

<https://whiteawake.org/>

<https://racialjusticenetwork.co.uk/our-work/unlearning-racism/>